

Directorate of Education, GNCT of Delhi

Practice Paper (Session: 2023-24)

Class: XII

Subject: Home Science(064)

Duration: 3 hours

Maximum Marks: 70

General Instructions

1. All questions are compulsory.
2. There are a total of 35 questions.
3. Question paper is divided into three sections-A, B,C and D
4. Section 'A' has question no.1 to 14 (multiple choice questions) and are of 1 mark each.
5. Section 'B' has question no. 15 to 18 (case- based questions) and are of 1 mark.
6. Section 'C' has question no.19 to 25 of 2 marks each and question no.26 to 29 of 3 marks each.
7. Section 'D' has question no.30 to 33 of 4 marks each and question no.34 and 35 are of 5 marks each.
8. Internal choices are given in some questions.
9. Support your answers with suitable examples wherever required.

S.no.	SECTION-A (MCQ)	Marks
1	Which of the following is the woman designer? a. Couturiere b. Couturier c. Haute Couture d. Pret-a-porter	1

2	<p>Which of the following is not a career option in early childhood care and education?</p> <ol style="list-style-type: none"> Nursery school teacher Entrepreneurship in the field of child care and education Teachers trainer A child doctor 	1
3	<p>According to Section 48 of the Factories Act -</p> <ol style="list-style-type: none"> The creches should be maintained in a factory or industry if more than 30 women are employed in it Men and women have Right to get equal wages for the same work Equality of opportunity for both male and female for appointment to any office is guaranteed. Security of all employees working in a factory is to be maintained. 	1
4	<p>Which of the following is not a suitable means of substitute care?</p> <ol style="list-style-type: none"> Grandparents Day care center Elder Sister(10 year old) Neighbours 	1
5	<p><i>After</i> washing and rinsing the process of removing water from clothes is known as-</p> <ol style="list-style-type: none"> Pulsation Tumbling Water extraction Spinning 	1
6	<p>An establishment which provides services like a hotel and provides parking facility near the room or a room door that opens out onto the parking lot is known as a-</p> <ol style="list-style-type: none"> Resort Motel Lodge Furnished camps <p>OR</p> <p>Who cleans the room in a hotel ?</p> <ol style="list-style-type: none"> Bell Captain Doorman Room Attendant 	1

	d. Helper											
7	<p>What is the full form of ECCE ?</p> <ol style="list-style-type: none"> Early childhood and Cultural Enterprises Early childhood and community engagement Early childhood care and education Early childhood and effective guide 	1										
8	<p>According to the new National Youth policy, 2014, 'youth' is defined as persons aged between:</p> <ol style="list-style-type: none"> 15 to 29 years 13 to 19 years 20 to 35 years 13 to 35 years 	1										
9	<p>Find the incorrect statement from the following:</p> <ol style="list-style-type: none"> The project Village Chhatera was started in 1969 and focused its attention on a small village Chatera Northwest Delhi. The Sustainable Access in Rural India (SARI) project was set up in Tamilnadu In September 2004, India launched Education Satellite(EDUSAT) RRE was a nationwide communication campaign for generating awareness about T.B/Tuberculosis. 	1										
10	<p>Select the correct pair.</p> <ol style="list-style-type: none"> Pulsation: This is used in front loading machines Water Extraction: Done in four ways Agitation: the agitator has blades which may rotate in one direction Tumbling: washing takes place in vertically placed cylinders which are perforated and which revolve in a completely filled tub. 	1										
11	<p>Match List I with List II</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">List I (Mode of Communication)</td> <td style="width: 50%;">List II (Features)</td> </tr> <tr> <td>A. Campaign</td> <td>i. Cheapest and Convenient</td> </tr> <tr> <td>B. Radio</td> <td>ii. Leaflet and excursions</td> </tr> <tr> <td>A. Print media</td> <td>iii. Machine and process material</td> </tr> <tr> <td>B. ICT</td> <td>iv. Rural areas and agriculture</td> </tr> </table> <p>Choose the Correct options from the following</p> <ol style="list-style-type: none"> A-iv; B-ii; C-iii; D-i A-iii; B-i; C-ii; D-iv 	List I (Mode of Communication)	List II (Features)	A. Campaign	i. Cheapest and Convenient	B. Radio	ii. Leaflet and excursions	A. Print media	iii. Machine and process material	B. ICT	iv. Rural areas and agriculture	1
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	<p>c. A-ii; B-i; C-iv; D-iii d. A-ii; B-i; C-iv; D-iii</p>											
12	<p>Match List I with List II</p> <table border="0"> <tr> <td>List I (Programmes)</td> <td>List II (Services)</td> </tr> <tr> <td>A. Integrated Child Development services (ICDS)</td> <td>i. Needy/abandoned children</td> </tr> <tr> <td>B. SOS children's villages</td> <td>ii. Nutrition and Education</td> </tr> <tr> <td>C. children's Home</td> <td>iii. Central Adoption Resource Authority</td> </tr> <tr> <td>D. Adoption</td> <td>iv. Special Homes</td> </tr> </table> <p>Choose the Correct options from the following</p> <p>a. A-iv; B-ii; C-iii; D-i b. A-iii; B-i; C-ii; D-iv c. A-ii; B-i; C-iv; D-iii d. A-i; B-iv; C-iii; D-ii</p>	List I (Programmes)	List II (Services)	A. Integrated Child Development services (ICDS)	i. Needy/abandoned children	B. SOS children's villages	ii. Nutrition and Education	C. children's Home	iii. Central Adoption Resource Authority	D. Adoption	iv. Special Homes	1
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13	<p>Many health issues, diseases and disabilities with aging such as trouble in walking due to an inability to take care of oneself, loneliness, isolation and feeling of burden on others, financially dependent on the children are various reasons due to which elders are a vulnerable group. Some programs being Run for the elderly in the country</p> <ol style="list-style-type: none"> 1. Old age Homes to provide food, care and shelter 2. Scouts and Guides 3. promotion of national integration 4. Indira Gandhi National old age pension scheme <p>Choose the correct options from the following.-</p> <p>a. i and ii b. i and iv c. ii and iii d. iii and iv</p>	1										

	<p style="text-align: center;">OR</p> <p>When was the National Youth policy adopted by the Ministry of youth affairs and sports and the new NYP was implemented in the year ?</p> <ol style="list-style-type: none"> 1. 2003 2. 2005 3. 2014 4. 2008 <p>Choose the correct options from the following</p> <ol style="list-style-type: none"> a. i and iv b. i and iii c. ii and iv d. iii and iv 	
14	<p>Inadequate nutrition if not controlled in time will lead to-</p> <ol style="list-style-type: none"> 1. Low immunity 2. Good health 3. Protection from disease 4. Slow wounds healing <p>Choose the correct options from the following</p> <ol style="list-style-type: none"> a. i and ii b. ii and iv c. ii and iii d. i and iv 	1

	<p style="text-align: center;">SECTION B (CASE BASED QUESTIONS)</p> <p>Read the passage carefully and answer question no. 15 to 18</p> <p>With globalization, the world has become a small place, where people travel from one place to another within the country, and internationally for many reasons. It may be for business purposes, marketing products, for official purposes, study, pilgrimages, seeking health care (medical tourism), enjoying leisure time/ vacation, visiting relatives or for shopping. Some people travel to see various places especially for experiencing different cultures, seeing heritage monuments, wildlife or natural beauty. Attractive advertisement for festivals like shopping festivals, wildlife tours etc. and photographs of people who come from many different places for events like the Pushkar and Kumbh Melas, the Dussehra festival in Mysore, Ganpati festival in Mumbai and Pune etc. All people who visit/participate in such events need a place to stay that is comfortable, safe and hygienic.</p> <p>Which of the following is an incorrect pair?</p> <ol style="list-style-type: none"> Bell Captain: Reserves, register and assigns rooms to guest Front office Manager: Responsibilities for managing the front office, lobby, transport activities. Doorman: Welcomes guests upon arrival and escorts them to the registration desk Bellboy: Responsible for shifting of baggage of guests within and out of the room 	1
16	<p>What is a motel. ?</p> <ol style="list-style-type: none"> A small hotel A small hotel on the highway where motorists check in A large hotel with parking facilities A hotel with a restaurant 	1
17	<p>Given below are two statements labeled as Assertion(A) and Reason(R) .</p> <p>Assertion (A) The organizational structure of the hotel has a hierarchy of top management, middle management, junior management, supervisors and operations staff.</p> <p>Reason(R) Hierarchy of management is necessary in the hospitality industry to maintain the smooth functioning of an establishment.</p> <p>Select the most appropriate answer from the options given below</p> <ol style="list-style-type: none"> Both A and R are true and R is the correct explanation 	1

	<p>b. Both A and R are true and R is not the correct explanation c. A is true but R is false d. Both A and R are false</p>	
18	<p>Given below are two statements labeled as Assertion(A)and Reason(R) . Assertion (A) Housekeeping department is primarily responsible for providing a healthy environment to the consumers. Reasoning(R) The guest's decision to stay and repeatedly visit the hotel in future largely depends upon the quality of the services provided Select the most appropriate answer from the options given below</p> <p>a. Both A and R are true and R is the correct explanation b. Both A and R are true and R is not the correct explanation c. A is true but R is false d. Both A and R are false</p>	1
SECTION-C(Short Answer Questions)		

19	<p>Career is a life management concept, in which development continues throughout life. In this context what should be the four questions to ask oneself before selecting a career?</p>	2
20	<p>Mention four sectors in the hospitality industry to your sister who is planning to join this industry.</p> <p style="text-align: center;">OR</p> <p>Hospitality industry has grown to provide 'A Home away from Home.' Why is this industry one of the fastest growing industries ?</p>	2
21	<p>Which is the best way to feed a patient who is not able to swallow the food due to illness. Give two reasons.</p>	2
22	<p>"Health and nutrition are intimately connected." Justify this statement with two reasons .</p>	2
23	<p>Food spoilage is generally caused by bacteria. What are four conditions that bacteria need to grow and multiply.</p>	2
24	<p>Mention two vulnerable groups and one program each organized by the government for them.</p>	2

	OR Mention four reasons for being children vulnerable	
25	Mention two key roles of each GMP and GHP in providing food safety and quality.	2
26	Modern housewives, especially working women's lives have been affected by the use of food technology. Explain briefly its six significance .	3
27	What is development communication? What are its four roles in development? <div style="text-align: center;">OR</div> State two objectives of each SEWA and RRE. Predict two benefits of SEWA for local groups of women.	3
28	a. What are medical foods? Give an example. b. Your friend wants to start tiffin services. What four skills she must possess.	1+2= 3
29	What advice will you give to someone who is planning to set up her/his own institution for elderly. Give six suggestions. <div style="text-align: center;">OR</div> Discuss the National Service Scheme in briefly	3
30	SECTION-D (Long Answer Questions) A food hazard can enter into the food at any stage of the food chain and cause adverse effects on the health of consumers . a. With reference to the given statement, discuss two main reasons for food-borne illnesses. b. Explain Why food safety and quality are of global concern?	2+2= 4
31	Elaborate any two ways each of creating rhythm and harmony in the dress. Or Demonstrate the two aspects and two types of color according to Munsell's color wheel.	4
32	Your sister is a clinical nutritionist in a dispensary. a. What is clinical nutrition? b. Indicate four significance of the study of clinical nutrition and	1+2+ 1=4

	<p>dietetics.</p> <p>c. Mention the two essential qualifications and skills required for preparing a career in Clinical Nutrition and Dietetics.</p>	
33	<p>Several programs and various services are being provided by the government and non government organizations in the country to Cater to the needs of sensitive children who are in the periphery of the state due to various reasons . Adoption and Children's home are examples of some of the initiatives operating in the country to meet the needs of vulnerable children.</p> <p>a. Name the agency which setup guidelines for adoption to safeguard the Welfare and rights of children.</p> <p>b. What do children who indulge in illegal activities and who are arrested by the police for violating the Indian penal code known as?</p> <p>c. Discuss the concept of each adoption and Children's homes briefly</p>	<p>1+1+</p> <p>2=4</p>
34	<p>a. List three each reasons and factors affecting nutritional problems</p> <p>b. Describe any two Nutrient Deficiency control programmes in our country.</p> <p>OR</p> <p>a. Discuss the three approaches to combat the nutritional problems.</p> <p>b. What are the two advantages of fortification for tackling malnutrition?</p>	<p>3+2=</p> <p>5</p>
35	<p>"Buying clothes from the manufacturer and selling clothes to customers "</p> <p>a. In this context mention five Departments of Fashion Retail Organization .</p> <p>b. Write four stages of fashion cycle</p>	<p>3+2=</p> <p>5</p>